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IDENTIFIERS	Goal Setting

ABSTRACT

This book is a practitioner's guide to presenting various compensatory learning strategies to adult students with learning disabilities. The introductory chapter defines key terminology related to adult learners, learning disabilities, and compensatory strategies; learning and learning-disabled adults; and the principles of adult learning. Chapter 2 outlines an eight-step informal diagnostic process called HELP (Holistic Educational Literacy Process) that is designed to help adult educators evaluate adult learners' skills in the following areas: oral reading, listening with earphones, listening and notetaking, signaling, using pictorial and other organizers, summarizing and revising, and using abstract reasoning to develop conclusions. The remaining four chapters provide practical compensatory strategies that learning-disabled adults can use at their workplace or in higher education settings. The following topics are covered: using available general, study, and instructional supports; setting goals and mastering time management; improving reading fluency and comprehension; and developing notetaking and written language skills. Contains 63 references. (MN)

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